



# Safe-T-Belt® Working Lumbar Belt

**Model No:** 70-910  
**Sizes:** XSmall - XXLarge  
**Color:** Black

Ideal for maintenance, landscaping, construction, and tasks requiring kneeling, bending, pushing, pulling and/or lifting.

## Product Features:

- Contoured shape for improved fit without riding up
- Compression lumbar pad for focused support

## SIZING:

Measure around waist just below the navel and measure hips at the widest point.

Size	Fits Waist	Fits Hips
XSmall	26 - 29"	30 - 33"
Small	30 - 33"	34 - 37"
Medium	34 - 37"	38 - 41"
Large	38 - 41"	42 - 45"
XLarge	42 - 45"	46 - 49"
XXLarge	46 - 49"	50 - 53"

## How to Apply:

Bring the slip locks on the shoulder straps all the way down and then insert arms through shoulder straps and loosen side pull straps. Place left flap just below navel, overlay left flap with right flap and press down to close hook and loop fastener. Adjust shoulder straps until they are snug but not tight. When ready to lift, grab the two side pull straps and place them together in the center of the support. By moving the adjustable side pull straps, you can increase or decrease the amount of tension needed. When finished lifting, move the side pulls back to the passive position.

## Care Instructions:

For best results, hand wash and air dry support. If you machine wash, fasten all closures on the support and wash in cold water on gentle cycle with mild soap. DO NOT place in dryer.



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